

On the ROAD With DENSO Benefits

A quarterly news roundup from NA Benefits



August 2023



Delta Dental of Tennessee is the dental benefit vendor for DENSO associates.



Visit deltadentaltn.com

Check Provider Participation before your Checkup

Even if you have a regular dentist, make sure your provider is still in-network before your visit to avoid getting stuck with an unexpected bill.

Use Delta Dental's "Find a Provider" tool on the [website](#) or app (follow QR code on left) to confirm your provider participates in Delta Dental Premier or Delta Dental PPO. See example below:

EXAMPLE NAME



13.6 miles away from 49017

Smiles Of Marshall
303 E Michigan Ave
Marshall, MI 490681664

Phone: 2697815563

Specialty: General Dentist

Hours: Evening Hours

Standard Business Hours

This Provider participates through:

- Delta Dental Premier
- Delta Dental PPO
- Delta Dental Medicare Advantage

Another handy tool on the Delta Dental site is the Cost Estimator. Sign-in to the site to get plan-specific costs for regular visit types.



The DENSO Benefits Helpline is managed by Benefit Advocates



Follow this QR code to send an email to the DENSO Benefits Helpline

DENSO Benefits Helpline: Your Benefits Expert

Did you know? A benefits expert is just a phone call away. You can get personal, confidential help from the DENSO Benefits Helpline, a no cost service managed by Benefit Advocates. Call and talk to a real person or email your questions anytime.

DENSO Benefits Helpline is staffed by individuals who know our benefits plans, are experts in the healthcare field and can act on your behalf with insurance carriers and health partners. Your local HRBP team, or the DENSO Benefits Helpline are your first points of contact for benefit questions.

Call **855-311-2115** Monday through Friday from 8AM – 6PM ET or send an email at denso@benefitadvocates.net.



DENSO Family Health Centers are available at DMMI DMNC (Battle Creek), DMTN, and DMAT. They are staffed, managed, and operated by Premise Health.



Follow the QR code to schedule an appointment or visit the new website at members.premisehealth.com/denso

Take Advantage of your Annual Health Exams

Different annual health exams address different needs. For in-network providers, like the [DENSO Family Health Centers](#), these exams are no cost if you are covered on a DENSO medical plan.

VISIT	DESCRIPTION
Wellness or Annual Physical	<ul style="list-style-type: none"> 45 min – 1 hour Comprehensive exam and time with your provider to discuss concerns, referrals, and advice Blood work, basic vitals, review medications, and order screenings. Lab results: 1-2 days
Women’s/ Men’s Wellness	<ul style="list-style-type: none"> 45 min – 1 hour Comprehensive exam to identify biological sex-specific health risks Sample collections, address concerns with your provider, referrals, and advice. Lab results: 3-5 days
Biometric Screening	<ul style="list-style-type: none"> 10-15 minutes Measures common health risk indicators Finger poke blood draw. Lab results in minutes



Talk to your health coach to complete the MHA or complete online:



DENSOHealthyHorizons.com

MHA and Biometric Screening Deadline is Near

Complete both the biometric screening and the Member Health Assessment (MHA) before 11/30/2023 to be eligible for 2024 Preferred Premiums. Walk-in times are available at the [DENSO Family Health Centers](#):

AFFILIATE	DATES	TIMES
DMAT	Thursday, August 24	2PM - 4PM
DMMI	Thursday through Sept 28	9AM - 11AM and 2PM - 4PM
DMTN	Thursday, August 24	9AM – 11AM
	Thursday, August 31	9AM – 11AM and 2PM – 4PM
	Monday, September 11	9AM – 11AM and 2PM – 4PM

You can now schedule your biometric screening on the MyPremiseHealth app! Click on **Schedule an Appointment**, then **Biometrics**. Make an appointment today.



On the Road: Helpful Reminders and Tips

- Save the date! **Open Enrollment for 2024 benefits is October 24 – November 9**. This year our Open Enrollment will be active, meaning you will need to take action to complete your enrollment. More information will be shared in October.
- Are you and your family up to date on your vaccines? Many vaccinations are fully covered through DENSO’s prescription plan at in-network pharmacies. Visit [DENSOBenefits.com/Medical & Rx](https://DENSOBenefits.com/Medical&Rx) to find the list of **no-cost vaccines**.