

Your company provides the opportunity to participate in voluntary wellness screenings as part of your wellness incentive program. For associates who are pregnant, the requirement to complete the biometric screening is waived if you submit this form during the eligibility period (see relevant eligibility deadlines below). Please note that while the biometric screening component is waived, to receive your incentive you must still complete the Member Health Assessment (MHA) and submit this form by the required deadline.

To be eligible for Preferred Premiums in 2022, the following criteria will apply to complete a biometric screening AND the online Member Health Assessment (MHA) in 2021:

- For all associates hired on or before 9/30/2021 must complete & submit both items by 11/30/2021

Once completed, submit this form to HBD International by one of the following methods:

By fax: 1-844-206-1533 | By [email: contactus@hbdinternational.com](mailto:contactus@hbdinternational.com) | By mail: PO Box 382, Enola PA 17025

Consent for Voluntary Participation and Authorization of Disclosure:

I hereby consent to voluntarily participate in a health screening by a physician of my choice in order to participate in my employer's wellness program which will include a measurement of my Cholesterol and lipid panels, blood glucose, blood pressure, waist, height, and weight.

I understand that I may ask questions or follow up on my results directly with my practitioner.

I understand that the information collected during this screening will be treated as confidential. **I authorize my physician to release the information obtained in this screening to HBD.** While individual health information will not be shared with my employer, I understand that my health information may be used to evaluate the impact of wellness programs or be included in aggregate information or group summary data provided to my employer.

My health information may be shared within HBD in order to provide more personalized programming or coaching as a part of my participation within the wellness program. I authorize HBD to use and disclose my protected health information, including to my employer in the minimum amount of detail as necessary for incentive eligibility. This authorization relates to any information collected as part of my participation in this screening as well as data collected through other aspects of the wellness program.

This authorization will expire at the end of the current year in which this authorization is signed. I understand I have the right to revoke this authorization at any time prior to the expiration date of the authorization, or to review and dispute my health information at any time by contacting HBD, in writing, by addressing correspondence with Attention to: Data and Privacy Officer, PO Box 382, Enola PA 17025. I understand that if I revoke this authorization (or decline to sign it), HBD may not have sufficient information to determine whether I qualify for certain incentives, however I am still able to participate in the wellness program.

Participant's Full Name (please print): _____ Date of Birth: _____

Signature:

Today's Date:

DENSO location or affiliate where you are employed (Circle): DIAM DMMI DMTN DMAT DMAR DPAM DMNC

PHYSICIAN TO COMPLETE (Please print clearly)

Date:	I attest the patient listed above is pregnant (please circle):	Y /	N
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Physician name (print): _____

Physician practice & office contact number: _____

Physician Signature:

Date: