

On the ROAD With DENSO Benefits

A quarterly news roundup from NA Benefits



December 2023

NOOM

DENSO is pleased to offer NOOM as a new weight loss benefit for those enrolled in a DENSO medical plan.



Visit go.noom.com/DENSO or follow the QR code above

Transform Your Life with NOOM

Now available at **NO COST** for DENSO associates and eligible dependents covered under a DENSO medical plan!

Noom uses psychology and behavioral science to empower people with knowledge and skills to lose weight and hit their goals at a pace that's comfortable for them. Noom is an app designed to help people:

- Better understand their relationship with food,
- Be more mindful of habits, and
- Support lasting change to maintain a healthy weight.

Visit go.noom.com/DENSO and register with a **personal email address**. To confirm you are a DENSO associate or eligible dependent, provide your first and last name, mailing address, and date of birth. Once enrolled, you will be able to download and use the Noom app, available for free in the Apple Store or Google Play.

If you have an existing subscription with Noom, you can convert your account to the DENSO-sponsored subscription. Email partnersupport@noom.com to request a switch to the DENSO program.

Tip: If your name ends in a suffix, like Jr or III, include that in your registration as part of your last name (no commas or periods). Email partnersupport@noom.com for assistance.



benefitsolver

myDENSObenefits.com is available to you 24/7



Follow this QR code to Visit myDENSObenefits.com

Open Enrollment is Closed, Now What?

Even though 2024 Open Enrollment is complete there are still plenty of reasons to visit myDENSObenefits.com.

- **Family status changes:** birth, adoption, marriage, divorce, or loss of medical insurance coverage all require a Family Status Change notice within 30 days of the event. Now you can easily complete and submit the form online at myDENSObenefits.com.
- **Questions about benefits:** ask Sofia, the Benefitsolver chatbot, about your 2024 coverage which begins 1/1/2024.

She can show you your coverage summary, dependents, and help you submit documentation.

- **FSA or HSA transactions:** our new vendor for Flexible Spending Accounts and Health Savings Accounts is Businessolver through their MyChoice Accounts program. Access your account, see your balance, submit payments, and more!
- **ID Cards:** upload pictures of your insurance ID cards to have them all in one handy location.
- **Visit the FSA store/HSA store** to shop for eligible items. You might be surprised by what's an eligible purchase!



mychoice
Mobile App

Scan the code...
to download the MyChoice
Mobile App to your device today!

Take your benefits information on the go! Scan the QR code below:



Shop online for eligible medical products at the FSA or HSA store



Follow the QR code to visit [FSAstore.com](https://www.fsastore.com) and [HSAstore.com](https://www.hsastore.com)

Where to Use your FSA or HSA funds

Especially for those with an FSA who can't roll over funds into 2024!

Go to [FSAstore.com](https://www.fsastore.com) or [HSAstore.com](https://www.hsastore.com) to find Health Savings Account (HSA) and Flexible Savings Account (FSA)-qualified medical products to purchase at a deep discount and delivered right to your door.

Visit [IRS.gov](https://www.irs.gov) and find [IRS Publication 502](https://www.irs.gov/publications/p502) to view a searchable list of qualified medical products, services, and other expenses.

Businessolver's [HSA and FSA Knowledge Hub](#) is a great place to learn about your tax-savings accounts, budgeting tips, and articles about healthcare products and activities. The page "That's Covered?!" links to several articles showing unexpected qualifying medical products.

Blue Cross Blue Shield of Michigan also has a page of HSA and FSA resources. Visit <https://www.bcbsm.com/health-spending/index/> to watch videos, download informational tools, and read more about these tax-savings accounts.



On the Road: Helpful Reminders and Tips

- Updates to your personal information need to be completed in **Oracle**: check your home address, phone number, name, and email address for accuracy.
- Watch your mailbox in January for two flyers about Hinge Health and GThrive, two of our wellness programs.
- Effective January 1, 2023: **Blue Cross Online Visits is changing to Teladoc Health**. Download the new Teladoc Health app and create a new account at [bcbsm.com/virtualcare](https://www.bcbsm.com/virtualcare) or call 1-800-835-2362. Translation services are available!